

# Human HDL ELISA Kit

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#### Hinweis/Note:

Der Packungsbeileger dient nur als erste Information. Der relevante Packungsbeileger liegt der Ware bei.

The datasheet is only a first information.

The relevant datasheet is included with the product.

For any questions regarding troubleshooting or performing the assay, please contact our support team at <a href="mailto:support@assaypro.com">support@assaypro.com</a>.

Thank you for choosing Assaypro.

#### **Symbol Key**



Consult instructions for use.

# **Assay Summary**

Add 25 μl of Standard/ Sample and 25 μl of Biotinylated Protein per well. Incubate 2 hours.



Wash, then add 50 μl of SP Conjugate per well. Incubate 30 minutes.



Wash, then add 50 μl of Chromogen Substrate per well. Incubate 15 minutes.



Add 50  $\mu$ l of Stop Solution per well. Read at 450 nm immediately.

# **Assay Template**

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## AssayMax Human HDL ELISA Kit

Catalog No. EH1111-1
Sample Insert/Reference Only

#### Introduction

Human high-density lipoprotein (HDL) is the smallest and the densest of the discoidal and spherical lipoprotein particles. When fractionated by ultracentrifugation, HDL is separated into two major sub-fractions HDL2 (d 1.063-1.125~g/ml) and HDL3 (d 1.125-1.21~g/ml) (1, 2). It contains 70% of apolipoprotein A-I, 20% of apolipoprotein A-II, phospholipids, and free cholesterol. HDL delivers cholesterol to liver cells which then secrete bile acids and cholesterol for excretion or re-utilization (3). HDL plays important anti-atherogenic roles, including cellular cholesterol efflux capacity, anti-oxidative, anti-inflammatory, antiapoptotic, vasodilatory, antithrombotic, and anti-infectious activities (4). Low plasma HDL cholesterol is an independent risk factor for the development of premature atherosclerosis. A rare form of genetic HDL deficiency is Tangier disease which is associated with mutations in the ATP-binding cassette transporter 1 gene (5).

#### **Principle of the Assay**

The AssayMax HDL ELISA (Enzyme-Linked Immunosorbent Assay) kit is designed for detection of HDL in plasma, serum, milk, and cell culture samples. This assay employs a quantitative competitive enzyme immunoassay technique that measures HDL in less than 3 hours. A polyclonal antibody specific for HDL has been pre-coated onto a 96-well microplate with removable strips. HDL in standards and samples is competed with a biotinylated HDL sandwiched by the immobilized antibody and streptavidin-peroxidase conjugate. All unbound material is then washed away and a peroxidase enzyme substrate is added. The color development is stopped and the intensity of the color is measured.

#### **Caution and Warning**

- Prepare all reagents (working diluent buffer, wash buffer, standard, biotinylated protein, and SP conjugate) as instructed, prior to running the assay.
- Prepare all samples prior to running the assay. The dilution factors for the samples are suggested in this protocol. However, the user should determine the optimal dilution factor.
- Spin down the SP conjugate vial before opening and using contents.

- This kit is for research use only.
- The kit should not be used beyond the expiration date.
- The Stop Solution is an acidic solution.

#### Reagents

- **Human HDL Microplate:** A 96 well polystyrene microplate (12 strips of 8 wells) coated with a polyclonal antibody against HDL.
- **Sealing Tapes:** Each kit contains 3 precut, pressure sensitive sealing tapes, which can be cut to fit the format of the individual assay.
- Human HDL Standard: HDL in a buffered protein base (1600 μg, lyophilized).
- **Biotinylated Human HDL:** 1 vial, lyophilized.
- **EIA Diluent Concentrate (10x)**: A 10-fold concentrated buffered protein base (30 ml).
- Wash Buffer Concentrate (20x): A 20-fold concentrated buffered surfactant (30 ml).
- Streptavidin-Peroxidase Conjugate (SP Conjugate, 100x): A 100-fold concentrate (80 μl).
- **Chromogen Substrate**: A ready-to-use stabilized peroxidase chromogen substrate tetramethylbenzidine (8 ml).
- **Stop Solution**: A 0.5 N hydrochloric acid to stop the chromogen substrate reaction (12 ml).

#### **Storage Condition**

- Upon arrival, immediately store components of the kit at recommended temperatures up to the expiration date.
- Store SP Conjugate at -20°C.
- Store Microplate, Diluent Concentrate (10x), Wash Buffer, Stop Solution, and Chromogen Substrate at 2-8°C.
- Unused microplate wells may be returned to the foil pouch with the desiccant packs and resealed. May be stored for up to 30 days in a vacuum desiccator.
- Diluent (1x) may be stored for up to 30 days at 2-8°C.
- Store Standard and Biotinylated Protein at 2-8°C before reconstituting with Diluent and at -20°C after reconstituting with Diluent.

#### **Other Supplies Required**

- Microplate reader capable of measuring absorbance at 450 nm.
- Pipettes (1-20 μl, 20-200 μl, 200-1000 μl, and multiple channel).
- Deionized or distilled reagent grade water.

#### **Sample Collection, Preparation and Storage**

- Plasma: Collect plasma using one-tenth volume of 0.1 M sodium citrate as an anticoagulant. Centrifuge samples at 3000 x g for 10 minutes. Dilute plasma 1:40 into EIA Diluent and assay. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles (EDTA or Heparin can also be used as an anticoagulant).
- **Serum:** Samples should be collected into a serum separator tube. After clot formation, centrifuge samples at 3000 x g for 10 minutes, and remove serum. Dilute serum 1:40 into EIA Diluent and assay. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Cell Culture Supernatants:** Centrifuge cell culture media at 3000 x g for 10 minutes to remove debris. Collect supernatants and assay. The samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Milk:** Collect milk using sample tube. Centrifuge samples at 800 x g for 10 minutes. Dilute milk 1:4 into EIA Diluent and assay. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.

#### **Reagent Preparation**

- Freshly dilute all reagents and bring all reagents to room temperature before use.
- **EIA Diluent Concentrate (10x):** If crystals have formed in the concentrate, mix gently until the crystals have completely dissolved. Dilute the EIA Diluent Concentrate 1:10 with reagent grade water. Store for up to 30 days at 2-8°C.
- Standard Curve: Reconstitute the 1600 μg of Human HDL Standard with 4 ml of EIA Diluent to generate a 400 μg/ml standard solution. Allow the standard to sit for 10 minutes with gentle agitation prior to making dilutions. Prepare duplicate or triplicate standard points by serially diluting the standard solution (400 μg/ml) 1:2 with equal volume of EIA Diluent to generate 200, 100, 50, 25, 12.5, and 6.25 μg/ml solutions. EIA Diluent serves as the zero standard (0 μg/ml). Any remaining solution should be frozen at -20°C and used within 30 days.

| Standard Point | Dilution                       | [HDL] (μg/ml) |
|----------------|--------------------------------|---------------|
| P1             | Standard (400 μg/ml)           | 400.0         |
| P2             | 1 part P1 + 1 part EIA Diluent | 200.0         |
| Р3             | 1 part P2 + 1 part EIA Diluent | 100.0         |
| P4             | 1 part P3 + 1 part EIA Diluent | 50.00         |
| P5             | 1 part P4 + 1 part EIA Diluent | 25.00         |
| P6             | 1 part P5 + 1 part EIA Diluent | 12.50         |
| P7             | 1 part P6 + 1 part EIA Diluent | 6.250         |
| P8             | EIA Diluent                    | 0.000         |

- **Biotinylated Human HDL (1x):** Reconstitute Biotinylated Human HDL with 4 ml EIA Diluent to produce a working solution. Allow the biotin to sit for 10 minutes with gentle agitation prior to use. Any remaining solution should be frozen at -20°C and used within 30 days.
- Wash Buffer Concentrate (20x): If crystals have formed in the concentrate, mix gently until the crystals have completely dissolved. Dilute the Wash Buffer Concentrate 1:20 with reagent grade water.
- **SP Conjugate (100x):** Spin down the SP Conjugate briefly and dilute the desired amount of the conjugate 1:100 with EIA Diluent. Any remaining solution should be frozen at -20°C.

#### **Assay Procedure**

- Prepare all reagents, standard solutions, and samples as instructed. Bring all reagents to room temperature before use. The assay is performed at room temperature (20-25°C).
- Remove excess microplate strips from the plate frame and return them immediately to the foil pouch with desiccants inside. Reseal the pouch securely to minimize exposure to water vapor and store in a vacuum desiccator.
- Add 25  $\mu$ l of Human HDL Standard and/or sample per well, and immediately add 25  $\mu$ l of Biotinylated Human HDL to each well (on top of the standard or sample) and tap plate to mix gently. Cover wells with a sealing tape and incubate for 2 hours at room temperature. Start the timer after the last addition.
- Wash five times with 200  $\mu$ l of Wash Buffer manually. Invert the plate each time and decant the contents; hit 4-5 times on absorbent material to completely remove the liquid. If using a machine, wash six times with 300  $\mu$ l of Wash Buffer and then invert the plate, decanting the contents; hit 4-5 times on absorbent material to completely remove the liquid.
- Add 50  $\mu$ l of Streptavidin-Peroxidase Conjugate to each well and incubate for 30 minutes. Turn on the microplate reader and set up the program in advance.
- Wash the microplate as described above.

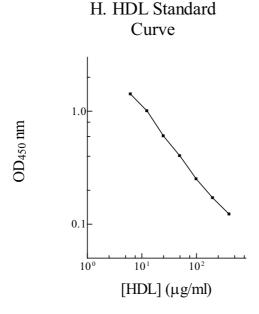
- Add 50  $\mu$ l of Chromogen Substrate per well and incubate for 15 minutes or until the optimal blue color density develops. Gently tap plate to ensure thorough mixing and break the bubbles in the well with pipette tip.
- Add 50  $\mu$ l of Stop Solution to each well. The color will change from blue to vellow.
- Read the absorbance on a microplate reader at a wavelength of 450 nm immediately. If wavelength correction is available, subtract readings at 570 nm from those at 450 nm to correct optical imperfections. Otherwise, read the plate at 450 nm only. Please note that some unstable black particles may be generated at low concentration points after stopping the reaction for about 10 minutes, which will reduce the readings.

#### **Data Analysis**

- Calculate the mean value of the duplicate or triplicate readings for each standard and sample.
- To generate a standard curve, plot the graph using the standard concentrations on the x-axis and the corresponding mean 450 nm absorbance on the y-axis. The best-fit line can be determined by regression analysis using four-parameter or log-log logistic curve-fit.
- Determine the unknown sample concentration from the Standard Curve and multiply the value by the dilution factor.

#### **Standard Curve**

• The curve is provided for illustration only. A standard curve should be generated each time the assay is performed.



#### **Performance Characteristics**

- The minimum detectable dose of HDL is typically  $\sim$  6  $\mu$ g/ml.
- Intra-assay and inter-assay coefficients of variation were 4.9% and 7.2% respectively.

### Linearity

|                 | Average Percentage of Expected Value |       |  |
|-----------------|--------------------------------------|-------|--|
| Sample Dilution | Plasma                               | Serum |  |
| 1:20            | 104%                                 | 105%  |  |
| 1:40            | 97%                                  | 97%   |  |
| 1:80            | 94%                                  | 92%   |  |

|                 | Average Percentage of Expected Value |  |
|-----------------|--------------------------------------|--|
| Sample Dilution | Milk                                 |  |
| 1:2             | 104%                                 |  |
| 1:4             | 98%                                  |  |
| 1:8             | 97%                                  |  |

#### **Recovery**

| Standard Added Value | 12.5 – 200 μg/ml |  |  |
|----------------------|------------------|--|--|
| Recovery %           | 84 – 109%        |  |  |
| Average Recovery %   | 97%              |  |  |

#### **Cross-Reactivity**

| Species  | % Cross Reactivity |  |  |
|----------|--------------------|--|--|
| Canine   | None               |  |  |
| Bovine   | None               |  |  |
| Monkey   | <10%               |  |  |
| Mouse    | <10%               |  |  |
| Rat      | None               |  |  |
| Swine    | <10%               |  |  |
| Rabbit   | None               |  |  |
| Human    | 100%               |  |  |
| Proteins | % Cross Reactivity |  |  |
| LDL      | <5%                |  |  |
| IDL      | <10%               |  |  |
| VLDL     | <10%               |  |  |

#### **Reference Value**

The normal human plasma levels of HDL are 1 - 2 mg/ml.

#### References

- (1) Chapman MJ et al. (1981) J. Lipid Res. 22:339-358
- (2) Barter P et al. (2003) Atherosclerosis 168(2):195-211
- (3) Miller NE et al. (1985) Nature 314:109-111
- (4) Kontush A and Chapman MJ (2006) Pharmacol Rev. 58(3):342-374
- (5) Clee SM et al. (2001) Circulation 103(9):1198-1205

Version 1.6R